

HUMAN SERVICES (HSERV)

Program Description

The Human Services (HSERV) program prepares students for entry-level work in a broad range of human service agencies. Typical job titles include counselor aides, chemical dependency professionals, residential treatment workers, case managers, outreach workers, activity workers and community workers. The program has a core of courses that all students must complete for the ATA degree in either the Generalist or Chemical Dependency emphasis. In their second quarter, students determine which HSERV emphasis they will pursue. Students must enroll in HSERV 198, Pre-Practicum Seminar, which prepares students for practicum in an agency. After a student's first quarter, the HSERV full-time faculty will serve as the students' advisors.

The Human Services program includes classroom training in interpersonal communications, counseling, ethics, case management, crisis intervention, chemical dependency and practicum (work-based experience) in human service agencies. Many courses are offered sequentially and students are expected to take courses in sequence.

Students interested in transferring to a four-year college should see their Human Services advisor for assistance in program planning. Returning students who have already earned college degrees and who are interested in taking coursework necessary to become a Chemical Dependency Professional (CDP), please contact the HSERV Department Chair 360.416.7704.

Entry into the Program

Please apply to the Admissions Office. Students may enter the program at the beginning of any quarter, and advanced standing may be requested for some courses. For more information, contact a Department Chair or the Admissions Office.

Work-Based Learning

Students will integrate their classroom learning with work-based learning by completing a total of 15 credits (450 work hours) of supervised practicum work. Students enrolled in Practicum (HSERV 199) must enroll concurrently in the Practicum Seminar (HSERV 200). Each practicum requires permission of the

Department Chairs. Credits and grades in HSERV 199 are based on job hours worked, work experience, a site visit, completion of learning objectives, meeting time lines of all paperwork, satisfactory completion of a work journal, and quality of all grading criteria.

Students enrolling in Practicum (HSERV 199) may be required by agencies and the Washington State Department of Health to apply for registration as counselor trainees. Such registration includes filling out a disclosure statement and may include a criminal background check. Students will submit this application while enrolled in HSERV 198. Passing HSERV 101 and HSERV 198 with grades of C or better is a prerequisite for enrollment in Practicum.

Associate in Technical Arts Degree

An Associate in Technical Arts degree (ATA) is awarded upon completion of a minimum of 90 credits of specified technical and related education coursework above 100 level with both an overall 2.0 grade point average and a 2.0 grade point average in the technical major.

SUGGESTED SCHEDULE

ATA HUMAN SERVICES-GENERALIST EMPHASIS

Includes required ATA courses. Student schedule may vary based on entry point, credit load, and prerequisites. Consult with department chair or SVC counselor for scheduling options.

FIRST YEAR

Fall.....Cr	Winter.....Cr	Spring.....Cr
HSERV 101.....5	HSERV 149.....5	HSERV 121.....4
HSERV 106.....5	HSERV 198.....2	HSERV 131.....5
HSERV 141.....5	*LC/GE.....5-10	HSERV 132.....4
†ENGL 170.....3	†MATH 100.....5	HSERV 199.....3
OR †ENGL& 101..5	SOSC 125.....2	HSERV 200.....1
		OFTEC 122.....3
Total.....18+	Total.....19+	Total.....20

SECOND YEAR

Fall.....Cr	Winter.....Cr	Spring.....Cr
HSERV 199.....4	HSERV 102.....5	HSERV 199.....4
HSERV 200.....1	HSERV 199.....4	HSERV 200.....1
HSERV 203.....5	HSERV 200.....1	HSERV 221.....5
HSERV 231.....4	HSERV 245.....3	HSERV 222.....5
PE 200 OR 205.1	SOSC 113.....1	HSERV 232.....5
Total.....15	Total.....14	Total.....20

SUGGESTED SCHEDULE

ATA HUMAN SERVICES-CHEMICAL DEPENDENCY EMPHASIS**

Includes required ATA courses. Student schedule may vary based on entry point, credit load, and prerequisites. Consult with department chair or SVC counselor for scheduling options.

FIRST YEAR

Fall.....Cr	Winter.....Cr	Spring.....Cr
HSERV 101.....5	HSERV 145.....3	HSERV 131.....5
HSERV 106.....5	HSERV 198.....2	HSERV 132.....4
HSERV 141.....5	*LC/GE.....5-10	HSERV 199.....3
HSERV 171.....1	†MATH 100.....5	HSERV 200.....1
†ENGL& 101.....5	OFTEC 122.....3	HSERV 248.....3
OR †ENGL 1703		
Total.....19+	Total.....18+	Total.....16

SECOND YEAR

Fall.....Cr	Winter.....Cr	Spring.....Cr
HSERV 199.....4	HSERV 199.....4	HSERV 199.....4
HSERV 200.....1	HSERV 200.....1	HSERV 200.....1
HSERV 203.....5	HSERV 241.....3	HSERV 221.....5
HSERV 231.....4	HSERV 243.....4	HSERV 232.....5
HSERV 242.....3	HSERV 245.....3	HSERV 244.....3
SOSC 125.....2	PE 200.....2	
	SOSC 113.....1	
Total.....19	Total.....18	Total.....18

* Learning Community (5-10 credits) or 5 credits of General Education (culture, natural world or arts). Must be outside of technical area, approved by Department Chair. Please see Index for Learning Communities.

† Students who do not receive an appropriate test score will require additional coursework to develop necessary skills for entry into class.

CHEMICAL DEPENDENCY PROFESSIONAL CERTIFICATE

For returning students and professionals interested in becoming Chemical Dependency Professionals (CDP). The CDP designation is granted by the Washington State Department of Health (DOH) upon successful completion of a minimum of 45 credits of specific academic coursework, completion of internship hours, and successful passage of an examination through the DOH. Completion of the SVC certificate will acknowledge the completion of academic coursework. The course objectives outlined by DOH are found within the CDP track of the Human Services ATA degree. Required courses: HSERV 131, 141, 145, 171, 222, 231, 232, 241, 242, 243, 244, 245, and 248.

INDIVIDUAL TECHNICAL CERTIFICATE

An Individual Technical Certificate may be developed in conjunction with other programs to meet marketable objectives and goals with Department Chair approval.

Course Descriptions

HSERV 101 Introduction to Human Services (5)

Overview of the delivery systems in social services with focus on historical perspectives,

pluralism and current trends. Introduction to critical thinking skills, research techniques and research paper writing.

HSERV 102 Case Management (5)

Preparation for coordinating individual client activities and evaluation of their needs. Includes current case management techniques for those in the Human Services profession. Recommended case management course for the generalist degree.

HSERV 106 Communication Skills (5)

Introduction to the communication skill sets needed to excel as a Human Services professional. Focuses on the theory and practice of communication with the inclusion of inter and intrapersonal skills development, critical thinking, problem-solving and the learning process.

HSERV 121 Introduction to Rehabilitation (4)

Overview of disabilities and historical and current rehabilitation techniques.

HSERV 131 Human Development(5)

Introduction to the stages of human development with particular attention to adult life development. Explores the relevance of ethnicity, culture, gender, socioeconomic class, sexual orientation and community in a person's development. Prerequisite: HSERV 101 and 106.

HSERV 132 Motivational Interviewing (4)

Introduction to basic terminology and techniques involved in Motivational Interviewing. This is a skill building course for students interested in entering the counseling profession. Prerequisite: HSERV 106 or Department Chair approval.

HSERV 141 Alcoholism and Other Chemical Dependencies (5)

Social, psychological, and physiological aspects of drug abuse and drug dependencies. Introduction to drug use behaviors and their impact on contemporary society. Foundational course for those who desire more knowledge regarding psychoactive drugs, drug-use behavior and the treatment systems currently available to assist those with drug related problems.

HSERV 145 Addictions and the Law (3)

Overview of the mutual impacts of chemical dependency treatment and the legal system on each other. Guidelines and laws which af-

fect case management and the structures and functions of courts as they affect addiction treatment. Developing a working relationship with Department of Licensing, Department of Social and Health Services and the Division of Alcohol and Substance Abuse.

HSERV 149 Social Issues (5)

Survey of current social issues. Includes the impact of attitudes and values influencing perspectives, goals, and outcome expectations of service providers and clients. Looks at social change in the past and controversies surrounding social issues today.

HSERV 171 HIV/AIDS & Bld Pathogen Trng for Chem Depend Prof (1)

Covers HIV/AIDS and includes Brief Risk Intervention (BRI) segment. Satisfies the Washington State Department of Health requirement for those applying to become Chemical Dependency Professionals (CDP).

HSERV 198 Pre-Practicum Seminar (2)

Provides information, direction and sequence of tasks in preparation for practicum in an agency setting. Students identify specific responsibilities for successful practicum experience and become familiar with the paperwork flow and purpose of each task. Students apply to Washington State Dept. of Health for registration as a counselor.

HSERV 199 Practicum (1-4)

Supervised practicum in an approved human services agency site. Structured learning and development of workplace skills. Opportunity for application of critical thinking skills, pluralism, and communication skills within human services systems. Concurrent enrollment in HSERV 200. Prerequisite: HSERV 101 and 198 with minimum C grade in each.

HSERV 200 Practicum Seminar (1)

Discussion of issues arising in field placement.

HSERV 203 Introduction to Counseling (5)

Historical perspectives, theory and fundamentals of counseling as related to Human Services agency work. Introduction to evidenced-based and Best Practices models. Development of basic techniques and critical thinking skills appropriate for mental health, chemical dependency and rehabilitation counseling.

HSERV 221 Crisis Intervention (5)

Theory and techniques of crisis intervention with an emphasis on assessment and knowledge of local resources. Prerequisite: HSERV 101 and 106.

HSERV 222 Advanced Counseling Skills (5)

Continuation of HSERV 203. Special emphasis on designated Best Practices and major counseling theories and techniques. Includes an exploration of the process of learning and the different learning styles encountered by counselors and human service professionals. Special emphasis on group counseling. Prerequisite: HSERV 203 or Department Chair permission.

HSERV 231 Psychopathology and Therapeutic Intervention in Mental Health (4)

Survey of various treatment approaches in mental health; etiology of mental disorders; and DSM diagnostic criteria.

HSERV 232 Pluralism in Human Services (5)

Issues of pluralism with focus on relationships between agencies, staff and the diverse client populations served. Prerequisite: HSERV 132.

HSERV 241 Chemical Dependency and Family (3)

Alcoholism and other dependencies as a family disease; effects of role disturbance, boundary violations, and communication disruptions on children, spouse, and family systems; therapeutic interventions for families. Development of a multicultural perspective in working with families and within communities.

HSERV 242 Physiology & Pharmacology of Psychoactive Drugs (3)

Broad overview of the pharmacological and physiological impact of psychoactive drug use coupled with a detailed examination of the neurochemical changes that accompany drug dependencies. Required course for those on the Human Services chemical dependency track.

HSERV 243 Chemical Dependency Assessment & Case Mgmt (4)

Introduction to the tools & techniques (including ASAM criteria) used for drug and alcohol assessments and case management. Covers treatment plan formation and the implementation of quality care.

Covers working with insurance companies, the Division of Alcohol and Substance Abuse (DASA) as well as making appropriate referrals. Prerequisite: HSERV 141 or Department Chair approval.

**HSERV 244 Group Process and
Chemical Dependency
(3)**

Group counseling skills for working with chemically dependent clients in residential and outpatient treatment settings. Includes Best Practices, emerging practices and other major counseling theories and techniques. Prerequisite: HSERV 141 or equivalent with permission of Department Chair.

HSERV 245 Professional Ethics (3)

Presentation and discussion of main principles and codes of ethics for human service workers.

**HSERV 248 Adolescent Chemical
Dependency
Counseling (3)**

Provides chemical dependency professionals and those pursuing chemical dependency counseling qualifications the opportunity to learn how to work with children and adolescents in an effective manner.