

Health & Fitness Technician Planning Guide 2019-2020

Program Overview

The Health and Fitness Technician program prepares students for work in the expanding health and fitness industry.

Students completing the first year curriculum will earn a certificate in Health & Fitness and are prepared for professional certification and employment. Students wishing to advance their education may continue with second year courses and earn the Health & Fitness Technician, AAS degree.

Sample Career Options Include:

[Fitness and Wellness Coordinator](#)
[Athletic Trainer](#)
[Recreation Worker](#)

Workforce

If you are interested in working in the field of Health and Fitness, our Workforce Planning Guide is designed to provide you with recommended courses to complete your [Health & Fitness Technician, AAS](#) degree. Of course, educational plans may vary based on placement into Math and English. Students may only enter the Health & Fitness Technician program at the beginning of Fall quarter. To keep you on the best pathway, we encourage you to consult with an Academic Advisor for scheduling options.

The Health and Fitness Technician AAS articulates with SVC's Bachelor of Applied Science in Applied Management (BAS-AM), which further prepares Health & Fitness graduates for management positions in fitness-related workplaces.

Degree Map

Degree Maps are an integral part of our Planning Guide. Each Degree Map includes a suggested quarterly sequence of courses so you could earn your degree within two years of full-time study. Your Degree Map is also designed to help you create an individualized, customized Educational Plan, which is required of all SVC students. To start creating your Educational Plan, please consult with an Academic Advisor.

[Degree Map-Health and Fitness Technician](#)
